



**INVITATION**  
YOU ARE CORDIALLY INVITED FOR  
**The Activities/Programmes Being Undertaken On IDY-2017**

Sr. No.	Action Plan/ Tentative Program	Date	Time	Place
1.	Yoga & Human Health Awareness Workshop	16-30 June 2017	06-08 AM	University Main Library Seminar Hall
2.	Competition -Yoga Practices	17-18 June 2017	07-10 AM	University Main Library Seminar Hall
3.	Essay Competition/Quiz on-Application of Yoga	19th June 2017	11-12 AM	Department of Yoga, Language Block
4.	Screening of short Films on Yoga	19th June 2017	02-05 PM	Department of Yoga, Language Block
5.	Yoga Exhibition/Distribution of promotional literature on Yoga	20-21 June 2017	12-01 PM	Department of Yoga, Language Block
6.	National Seminar on Yoga & Holistic Health	20th June 2017 21st June 2017	Inauguration : 10.00AM Valedictory : 03.00 PM	University Main Library Seminar Hall
7.	Observance of Yoga Day (IDY-2017) / Guest of Honor	21st June 2017	06-09 AM	Gour Samadhi Parisar
8.	Invited Lecture and Cultural Program /Prize Distribution.	21st June 2017	03-05 PM	University Main Library Seminar Hall

**ORGANIZED BY**

DEPARTMENT OF YOGA EDUCATION, SCHOOL OF EDUCATION (SOE)  
DOCTOR HARISINGH GOUR UNIVERSITY, SAGAR (M.P.)

**Please Note:**

- Every participant must come in proper dress in the morning class (White T Shirt and Dark Blue Lower)
- Please register at the office of the Department as early as possible to avoid inconvenience at the last stage.

**PROF. GANESH SHANKAR GIRI**  
**H.O.D (YOGA EDUCATION) & DEAN -SCHOOL OF EDUCATION (SOE)**